

Fairy Crystals



What do I need?

An adult plus a table cover, either Epsom salts, salt or sugar, food colourings and sealable plastic bags.

How do I make it?

1. Epsom salt gives you the best crystals, the sugar is edible. Use what you prefer.
2. Decide how many different colours you would like – that is how many plastic bags you need.
3. Cover your table. In each plastic bag add 2 tablespoons of Epsom salt, salt or sugar.
4. To each bag add 15 drops of the food colouring of your choice.
5. Seal the bag and squish the colouring into the salt or sugar.
6. Leave the bags open to dry for two days and nights. Give them a gentle shake from time to time.
7. Use as normal glitter. If you made this with sugar it can be used for cake decoration. Store in the sealed plastic bags or in a sealed jar. You are a glitter fairy!

